

December 2023

# COMMUNITY SERVICE DEPARTMENT

Medical camp @ SDNB Vaishnava College

Medical camp @ MGR Colony, Anna nagar

STEP Programme

Medical camp @ His/Her place, T.Nagar

Christmas & New Year celebration @ CANNES

FATP @ OPD

Nutrition Project

Drug Bank





# MEDICAL CAMP

@ His/ Her place,Tnagar

On December 4th, 2023, the Chennai district encountered the Michaung cyclone. As a result, the Sundaram Medical Foundation, in collaboration with the Rotary Club of Madras, swiftly arranged a Two days Free Medical camp at His/Her place, T.Nagar on December 7th & 8th, 2023 from 2.45 pm to 6.00 pm.

At the camp, we've done health Checkups which include CBCG, HB, BP, and general screening.

A total of 236 beneficiaries benefited from this free medical camp.

We handed out the medicines worth Rs. 6700/-, which were sponsored by PP.Rtn.Dr.Vijaya Bharathi Rangarajan, to people in need.

Rtn.Sesha Sai & Rtn.Nimish C. Tolia visited the camp.

We extend our gratitude to all the Rotarians who took time to visit and provide encouragement at the medical camp.

Medical Team :

Dr.Swaran & Dr.Abana -General Medicine Department

Dr.Jibin & Dr.Saayusha -Family Medicine Department.

Mrs.Selvakumari & Mrs.Arputam -Nursing Department

Volunteer - Mrs.Selvam

Mr.Karthikeyan, Ms.Maya, & Ms.Deepika from the Social Work Department



# MEDICAL CAMP

@ SDNB Vaishnav college Women's,Chrompet.



Sundaram Medical Foundation, in association with the Rotary Club of Madras, organized a free Medical camp on December 21, 2023 (Thursday) from 9.00am to 2PM at SDNB Vaishnav College Women's Chrompet.

Medical checkups (CBG,HB, BP, general and gynecological screening, and Tetanus vaccine) were also done.

No.Of Beneficiaries : 311 Nos

We distributed medicine worth Rs.4649/- to needy people.

President Rtn.S.Ravi., Rtn.Seshasai, Rtn.Nimish C Tolia visited the camp.

Thank you to all the Rotarians for dropping by to encourage the medical camp.

Medical Team:

Dr.Suganthi ( General Medicine)

Dr.Adoni (General Medicine)

Dr.Fathima (Family Mediine)

Ms.Sridevi & Ms.Varsha kumari (Nurses)

Mr.Karthikeyan & Ms.Deepika (Social worker)





# MEDICAL CAMP

@ His/Her Place, T.Nagar

The Rotary Club of Madras, in collaboration with the Sundaram Medical Foundation, conducted a free medical camp on December 28, 2023, from 3:00 p.m. to 6:00 p.m. at His/Her place T. Nagar.

During the camp, various checkups, including CBG, HB, BP, and general screenings, were conducted.

A total of 95 beneficiaries were attended to, and we provided medication worth Rs. 2900 to those in need.

We were honored to have President Rtn Ravi S, Rtn. Bharat Pujara, and Rtn Nimish C Tolia & Mr.Ravindran visit the camp and show their support.

We extend our heartfelt gratitude to all the Rotarians who took the time to visit and encourage the medical camp.

The medical team consisted of:

Dr. Sugani (General Medicine),  
Dr. Samyuktha (Family Medicine),  
Mrs. Selva Kumari(Nurse),  
Mrs. Arputham (Nurse),  
Mr. Karthikeyan (social worker).





# MEDICAL CAMP

@ MGR Colony, Anna Nagar

Sundaram Medical Foundation, in collaboration with Rotary District 3232, organized a Free Medical Camp on Saturday, December 30, 2023. The camp took place at MGR Colony, Anna Nagar, from 9:30am to 1:30pm.

Medical Checkups: CBG, HB, BP, General, and Dental Screening were conducted.

A total of 72 beneficiaries were able to avail the services provided at the camp.

Additionally, we distributed free medicines to individuals in need.

PP.Rtn.Dr. Vijaya Bharathi Rangarajan visited the camp, and she also sponsored Rs. 5,000 in medical expenses.

## Medical Team

Dr.Rekha & Dr.Kishore (General Medicine Department)

Dr.Silambarasan (Dental Department)

Ms.Selvakumari & Ms.Ranjini (Nursing Department)

Ms.Maya & Ms.Deepika (Social work Department)



# FIRST AID TRAINING PROGRAMME

@ OPD Auditorium,SMF

The Community Service Department of Sundaram Medical Foundation conducted a First Aid Training Program for Rotary disaster management team on Dec 30, 2023 (Saturday), from 9.00am to 12.00PM at OPD Auditorium, Wavin SMF Hospital.

A total of 15 members participated in the session.

Medical Team, Dr. Sanjay (ER Department) & Mr. Bala (paramedic staff) led the session.

Rtn.Murugan (Chairman- Disaster management) attended the session.

The feedback from the attendees suggested that the workshop's theory and practical sessions were much more interactive.

Also, a few more attendees gave a very positive response, mentioning that the session was very interesting and useful.





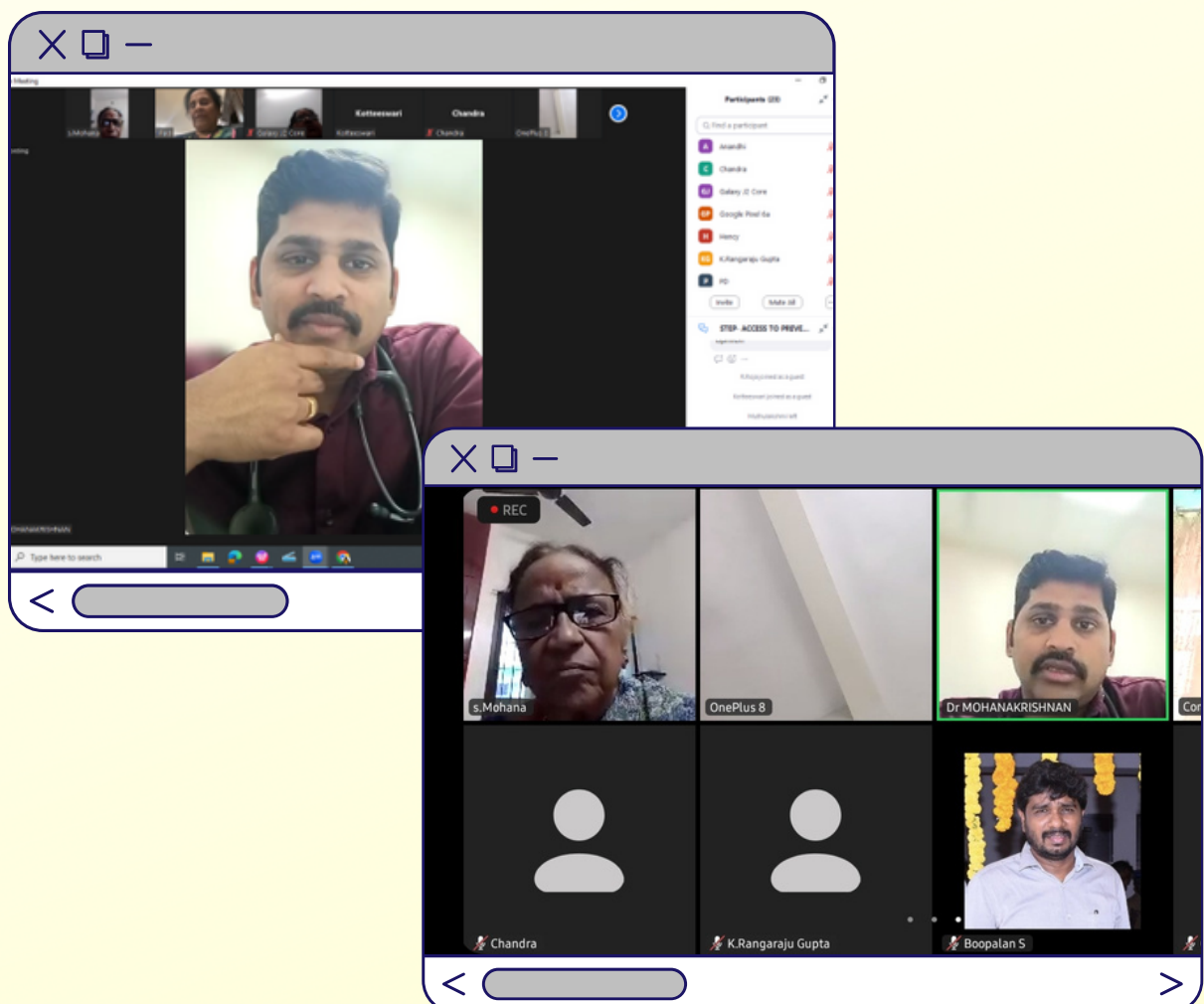
# STEP PROGRAMME

A Support Therapy to Educate People (STEP) Program was arranged with the aim of addressing the subject "Access to prevention of severe lung infection" on December, 2023, from 3.00 PM to 4.30 PM.

Dr.J.Mohanakrishnan (Consultant Pulmonologist), SMF, was the speaker of this awareness session.

Around 51 individuals participated in this program. In this session, the speaker clarified the inquiries posed by the participants.

Finally, the participants expressed their satisfaction with the session by providing positive feedback.



# PLASTIC WASTE MANAGEMENT

The TNPCB has also been instructed to conduct awareness programs among students, including those attending professional colleges, about the harmful effects of plastic use on the environment and motivate them to avoid plastic, in coordination with the education department and the state legal services authority.

The Community Service Department has been working on the Plastic Zero Waste Management initiative for recycling plastic waste both on IP and OP buildings in association with the Bisleri CSR team.

A total of 85 kg of plastic waste was collected in the month of December 2023.



# REACH FOUNDATION

Global tuberculosis report 2023				
VISION	A WORLD FREE OF TB — zero deaths, disease and suffering due to TB			
GOAL	END THE GLOBAL TB EPIDEMIC			
INDICATORS	MILESTONES		TARGETS	
	2020	2025	2030	2035
Percentage reduction in the absolute number of TB deaths* (compared with 2015 baseline)	35%	75%	90%	95%
Percentage reduction in the TB incidence rate (compared with 2015 baseline)	20%	50%	80%	90%
Percentage of TB-affected households facing catastrophic total costs due to TB* (level in 2015 unknown)	0%	0%	0%	0%
<b>PRINCIPLES</b> 1. Government stewardship and accountability, with monitoring and evaluation 2. Strong coalition with civil society organizations and communities 3. Protection and promotion of human rights, ethics and equity 4. Adaptation of the strategy and targets at country level, with global collaboration				



For the month of December 2023,  
23 people have utilized the Tuberculosis Intervention Services.





# CHRISTMAS & NEW YEAR CELEBRATION

CANSTOP celebrated Christmas & New year 2024, at CAN-NEST, Egmore on December 28th, 2023. At CAN- NEST Home, Children's and Families enjoyed various fun activities with Santa Claus.

We have provided bedsheets, Santa Cap, Cake & Chocolates to 30 Families, accompanied by our dedicated Volunteer & Social workers

The total value of the gift amounted to Rs. 15,300. We would like to extend our gratitude to Baby Daphne for her generous sponsorship of the Plum Cake.

The program concluded with heartfelt expressions of joy and gratitude from kids and their families.

**\*Together we can make a difference\***



# NUTRITION PROJECT

CANSTOP visits the Institute of Obstetrics and Gynecology, the Government Hospital for Women (IOG), and the Institute of Child Health and Hospital (ICH) regularly to boost their nutrition and provide regular counseling for the patients.

Tender coconuts worth Rs.11750 were distributed at IOG.

A Pediasure worth Rs. 4280 was distributed at ICH.



# ART & PLAY THERAPY

Regular sessions of Art and Play therapy were conducted for pediatric cancer patients and their family members at the Institute of Child Health. These sessions encompassed the facilitation of diverse art and craft activities, as well as enjoyable games, with the aim of ensuring their active involvement and entertainment during their stay in the hematology ward.





# CANNEST HOME



In the month of December 2023, a total of 366 families stayed at CANNEST Home, where the children in the home were engaged through various activities and games with the help of volunteers and social workers.





# DRUG BANK



CANSTOP supported Master Arshad, a 8-year-old, for the Varicella vaccine costing Rs.1759/- on December 12, 2023.



CANSTOP supported Master Bharath, a 10-year-old, for the influenza vaccine (Influvac tetra) costing Rs.1100/- on December 12, 2023.

# HOPE CHEST

CANSTOP's Hopechest provides essential things for the cancer patients & their parents at IOG & ICH to lead their regular lives happily.

In the month of December 2023, a total of 4 families got help from the Hope Chest.



**Sarees, Toys,**  
**Bedsheets, Books,**  
**Nighties, Pillows,**  
**Petticoats, Tiffen Boxes,**  
**Sandals, Kettles,**  
**Slippers, Flasks,**  
**Towels, Water bottles,**  
**Toiletries, Kitchen utensils & appliances**

**Note: Make sure the items are in good condition**

Join us and make your contributions to the cancer patients at Govt. Hospitals.





## SPONSORSHIP DETAILS

Sponsorship details			
S.No	Sponsors	PROJECTS	AMOUNT
1	Mrs. Vijaya Mahendran	CANNEST	1000
2	Dayachand Malhotra	CANNEST	20000
Total			21000

## IN-KIND SPONSORS

In-Kind Sponsors			
S.No	Sponsors	Particulars	Worth in Rupees
1	Mr. T. K. Srinivasan	Vegetables	4,000
2	Mrs.Selvam	Rice bag	1420
3	Mrs.Lakshmi Das	Rice bag	1420
4	Mr.Raghuraman	Rice bag	1420
5	Ms.Latha.B	Rice bag	1500
6	Ms.Darshana	Provisions	8500
7	Mr.Rama Narayana Swami	Provisions	4959
Total			23219



# VOLUNTEER'S CONTRIBUTION

The CANSTOP team gratefully acknowledges each and every volunteer for their time and commitment to all of the events.

**Volunteers-Mrs.Origanti, Mrs.Indhumathy, Mrs.Selvam**

## HELP LINE SERVICE

Totally 53 calls were received in the CAN-STOP Help line number.

45 calls for STEP Program.

5 calls for Counseling

3 calls for Blood request at Government Hospital.



For your kind contribution:

CAN-STOP is eligible for 50% Tax

Exemptions under Section 80G of

Income Tax Act. Cheques can be

drawn in favour of CAN-STOP

For more information contact us  
through:

044-26284256 / +91-9941007688

Connect with us through:

[www.canstop.org](http://www.canstop.org)

